

## Live Blade Training 2005

with Shidoshi Dick Severance  
Saturday November 19, 10 am - 4 pm

- ❖ Sword
- ❖ Knife
- ❖ Cutting
- ❖ Throwing
- ❖ Taijutsu
- ❖ More

\$40.00/one day  
\$65.00/both days

## Kinesiology In Martial Arts with Robert & Kerrie Broe

Sunday November 20, 10 am - 3 pm  
Lunch 3 - 4 pm

An Overview Of Kinesiology And Its  
Application In Martial Arts.

You Will Learn:

- ✚ Testing and Healing Acute Injury, Trauma, and Inflammation
- ✚ Meridian Communication in the Body
- ✚ Relationships Between Muscles, Organs, Glands, and the Spine
- ✚ Herbal First Aid
- ✚ Basic Nutrition and Eating to Optimize Individual Metabolic Types

For registration, map and lodging  
Call Shidoshi Dick Severance  
shadoway@gbronline.com  
(321) 727-2852

