

Water Warrior Weekend 2006 with Shidoshi Dick Severance

- * Drown-proofing
- * Stealth Swimming
- * Water Grappling
- * Breathing Underwater
- * More

- Bring Mask, Snorkel, Fins
- Wet Suit Optional
- No Tanks Needed
- Bring Lunch

Saturday June 17th -9:00-3:00
on the Weekie Wachie River
Chassahowitzka Wildlife Preserve

\$45.00/one day
\$75.00/both days
-Early Registration or
Bujinkan Members \$70/\$40-

Kinesiology In Martial Arts with Robert & Kerrie Broe

Sunday June 18, 9 am - 3 pm

HYDROTHERAPY AND ITS APPLICATION IN MARTIAL ARTS.

You Will Learn:

- † Hydrotherapy Principles
- † Healing Acute Injury, Trauma, and Inflammation With Water
- † Herbal First Aid
- † Making Herbal Tinctures, Infusions, Decoctions and Fomentations
- † Basic Nutrition and Eating to Optimize Health and Healing

For registration, map and lodging
Call Shidoshi Dick Severance
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(321) 727-2852

